



## INTERIOR DECORATION FROM THE POINT OF VIEW OF VAASTU SHASTRA

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### Introduction:

Interior decoration of home is a contemporary subject. Earlier this used to find an expression as per the dreams and wishes of the people living in the home. Now the people owning a bungalow or a flat or a lavish dream-penthouse will desire that it should be well furnished with all the modern day requirements, but should be done as per the advise of an interior decorator.

Metros & big cities eternally face the want of adequate space. Average citizen here will have a dream of 1 BHK, 2 BHK home. To achieve maximum space utility, interior decorators are then invited. Once they are inside the house, they mount themselves on every available space within four walls of a home & decorate properly with a traditional touch or a French/American style or South Indian Style, as per the desire of inmates.

While decorating care should be taken to ensure that the home gets maximum sun light & air flows. It should never be congested & the kitchen should be totally smoke-free. Vaastu Shastra mentions that these are the things which will promote health of the residents.

### Aspirations, their fulfilment & the utility factor

While decorating, the owner's aspirations are to be met. While doing so "Everything that is beautiful & artistic is to be achieved", should not only be the sole aim, but the utility factor also be considered. Ancient Vaastu Shastra is based on this principle and it comes as a supportive tool of Interior decoration.

### Two major energy sources of Vaastu Shastra:

Energy source has its origin in the North and East directions. Bio/Life supporting(Jeeva) positive energy radiations originate in the North. Air supporting(Praana) positive energy radiations originate in the East. The same corresponding positive energy radiations set in the South and West, respectively. The radiations rising from these two directions are negative energy radiations. For this reason, the most positive energy radiations are contributed by "North-East(Ishaanya)" direction. Similarly the most negative energy radiations are contributed by "South-West(Nairutya)" direction. (Reference: Figure 1.)

Supposing that the flat/house is rectangular in shape. Now in this rectangle positive energy radiations of East & the negative

energy radiations of west will pierce(cross) each other along the diagonal generated between the North-East(start) to South-West(end)direction. This diagonal shows a line where the positive radiational impact of East ends. (Reference: Figure 2.)

Similarly the impact between South-West, West-North, North-East can be studied. Flow of whichever direction gets more space or area, to that extent the impact of such direction is more and more will be the strength of such direction.

### Impact of directions & different matters

- ❑ East: Progress, Creativity, Health, Mental activity, Enthusiasm.
- ❑ West: This is a retarding direction for Court cases, food, Partnership, time, effort and wealth.
- ❑ North: Blessing wealth & peaceful mind
- ❑ South: Hardships & disputes generating direction.

In view of the above, it will be clear that we need to keep the maximum area in directions North, East & North-East(Ishaanya) open & having slope, as far as possible in order to increase Vaastu's beneficial impact. On the other hand the Vaastu will get protection from negative radiations of South, West & South-west directions to the extent that these remain closed, are more heavier and at the same time are raised. (Reference: Figure 3.)

### Five Elements(Pancha Bhootas) in relation to Eight Directions(Ashtadishas):

Showing predominance of one of the five elements

- ❖ North-East(Ishaanya) Corner: Water Element(Jala Tatwa)
- ❖ South-East(Aagneya) Corner: Fire Element(Agni Tatwa)
- ❖ South-west(Nairutya) Corner: Earth Element(Prithvi Tatwa)
- ❖ North-West(Vaayava) Corner: Air Element(Vaayu Tatwa)
- ❖ Brahma's Place(Sthaana) (Central portion of Vaastu): Ether Element(Aakaash Tatwa)

### The Land Slope

- The land of a plot should have slope towards East, North & North-East whereas land should have height on West, South & South-West. This is very good. To have a land with exactly the reverse order is not advisable, because such land is considered very bad.

- To increase benefic influence of the East, North and North-East, maximum number of windows should be in this portion & window size should also be big as far as possible. Windows should be bare minimum in number and size to the West, South & South-West.

#### **Usage of various things to enhance the benefic influence of different directions:**

##### ➤ **North, East & North-East directions:**

- ✓ The positive energy radiations rise in East, North & North-East. We can increase benefic influence in these directions by increasing Jala(Water) Tatwa. This can be done by supporting these directions with the use of White colored things, marble items, glass prism silver, white pearls, white color, semi-lunar shaped articles. Placement of Prism-Chandelier in this direction is the best thing to happen.
- ✓ The houses should have underground drinking water tank.
- ✓ If possible keep storage tank here or a small water pot(Copper pot in the East & a Silver pot in the North).
- ✓ Inside the living space a round glass fish tank or an artificial spring/water fall or a fountain. All these placements will increase the benefic influence of North-East & North directions manifold.
- ✓ Wall colors/decorations & sitting arrangements should have more usage of marble in the North. Wood can be used liberally in the East for furniture as well as in constructing semi-circular arches.
- ✓ If North-East is closed, then the wall should be constructed with glass bricks.
- ✓ White curtains, round cushion covers, semi-circular artifacts are advisable to use here.
- ✓ Articles such as crown, plate, small elephants or horses made of silver and pearls will not only enhance the beauty of the interior but will also increase the beneficence of the home.
- ✓ Place a photo frame of 'Kuber God' in the North. Here a placement of a "Sri-Yantra" having all its necessary ingredients is very benefic.
- ✓ Pooja-Ghar should be wooden and light in weight.
- **South, East & South-East:**
- ✓ Copper should be profusely used in the South & south-East directions as these are ruled by Mars of Earth(Prithvi) element & Aditya the Sun God of East(Agni) element. Both rule together the South-East direction.
- ✓ If East is closed then here, an idol of Sri-Ganesh should be placed which is made up of wood & copper. The idol should be decorated with gems of Sun(Manik) and Mars(Moonga). This will raise the intellectual level.
- ✓ Fire(Agni) God resides in the South-East direction. His adequate presence will bring a glow/shine to the house. But if presence is more than what is required, then that is

harmful. This will create clashes that may lead to violence.

- ✓ Avoid too much usage of red colour in the South-East direction in particular.
- ✓ Put a "Bhaum(Mars) Yantra on the southern wall of the house inside the living space. This represents the qualities of Sun & Mars.
- ✓ Use of yellow color is proper in the South.
- **South, West & South-West:**
- ✓ Most negative energy radiations are to the South-West direction. To nullify this keep heavy to heaviest things of the house here. Use yellow Jaisalmeer along with yellow glass in creating heavy art pieces.
- ✓ Different heavy murals & stone carvings such as stone elephant or a painting showing big mountain ranges with a thick forest cover are advisable to use here.
- ✓ Saturn is strongest in the Western direction, so keep a "Shani-Yantra" on the Southern wall. This direction has Air(Vaayu) element predominant. Use of sound, tone & smell is advisable as they represent the dominant Air element here. For this use scented candles, Agarbatti, flowers having smell, bell as well as wind Chimes.
- ✓ Use blue colored articles, such as blue pottery, blue marble, curtains and for wall colors. This color represents the Air element, hence use judiciously blue in furniture as well.
- ✓ Silver color or proper use of Silver is also very good.
- **North, West & North-West:**
- ✓ North has got predominance of Jala(Water) element.
- ✓ Photograph of Kuber can be put up on the Northern wall as had been mentioned earlier.
- ✓ West has already been explained earlier.
- ✓ North-West has got Air(Vaayu) element in strength.

Considering the directions as per the Vaastu Shastra, different sections of the living space can be easily decorated internally.

- ❑ **Rooms:** The dos & don'ts described earlier for directions should be followed here too.

#### **A. Living Room:**

- 1 We believe in decorating living room to the maximum. But too much of it will be confusing & will also make it difficult to move in the room.

Hence living room should be optimum in its space & decoration.

Sitting arrangement here should not be under any kind of beam.

While sitting person's back should not be facing the entrance. Sitting person's back should have a wall. This is the best. If window is coming at the back of the sitting person, it should have curtain.

2. Television set should be covered.

3. Mirror should be placed in South-West direction. It should not be in the front a door or a stair case.

4. Arrangement should make one feel pleasant, enthusiastic and confident.

Paintings here should be such that they will remove depression. Avoid paintings depicting war, volcano, fire, tornado, floods etc.

5. Don't place sword, knife, gun, animal thorns, nails, teeth, skin of a dead animal(snake etc.)or the cut-head of a dead animal(Deer, tiger etc.).
6. Use fresh flowers. Flower arrangements. Remove the older ones.
7. If interested in music-dance then use musical instruments such as Sitar, Veena etc. as art pieces for decoration. In such an environment use idol of Nataraj. This will enhance pleasantness in the living room.
8. Use South wall to keep Medallions, Trophies, Certificates etc.

#### **B. Kitchen:**

Here placement of equipments is more important than arrangement.

1. Kitchen platform should be to a benefic direction.
2. Most of the time to contrasting elements such as cooking gas range(Agni Tatwa) and water(Jala Tatwa) storage are kept side-by-side.
3. This placement should be avoided by separating them with a placement of money plant or a small plant growing in a pot.
4. Also the kitchen platform in the South-East(Aagneya) direction should be balanced with a green pot-herb. This will increase the benefic effect.
5. Even placement of oven over the fridge can lead to clashes amongst the people living in the house.
6. There should not be a storage place above the kitchen platform. If there is such a place then cover such a space with a false ceiling.
7. If window is in front of door, then the positive energy flow is escaping from the kitchen. Block such a thing from happening by using an earthen pot, wind indicator or decorative sheets etc. in the window.
8. Place a tile having pictorial diagram of "Annapurna Devi" in the kitchen. This will keep the house-lady in a happy mood.

#### **C. Dining Room:**

1. This room should be as sleek as possible.
2. Dining table should be round in shape & should be placed in the center of the room.
3. One should sit with a wall at the back.
4. While dining avoid sitting with your back facing the door.
5. Avoid sitting under a beam as this may create health problem.
6. A mirror should be in the dining room. This will give a feeling of food being twice its own quantity. This is beneficial.
7. Wall here should have paintings depicting natural greenery, vegetables, fruits etc.

#### **D. Master Bed Room:**

1. Bed room is a place for couple to spend time together. This room should be free from office work, computers & television.

2. Dim light is most suitable in this room.
3. Bed should be away from the door.
4. Sleep with head either to the East or to the South.
5. Wall is desirable at the back of head, while sleeping.
6. Bed should not be under a beam. If beam is unavoidable, cover it with false ceiling.
7. Mirror should be placed in such a way that while sleeping, no body part should be visible in it.
8. Money plants & other such plants are not required here. Place the paintings of love birds, lovers or flowering plants etc.
9. Avoid war paintings or animals at logger heads with each other as such, in this room.

#### **E. Children Bed Room:**

1. Children should have study area in this room.
2. This room should be to the Eastern side of the home.
3. Wooden furniture is very beneficial in this room to the East.
4. Beam should be avoided over sleeping space.
5. Exercising equipments should be placed to the East or South-East direction in the room. This is very beneficial to the young blood.

#### **F. Bath Room & Toilet:**

1. These should be neat & clean. Rooms should be full of light.
2. Tap water & toiletries should be proper. Tap water leakage leads to unseen expenditure. This problem should be addressed soon, without wasting time.

#### **G. Entrance Gate:**

1. Vaastu Shastra recognizes the importance of the entrance gate.
2. Two panels are advisable for this gate.
3. Safety door within this gate must open out side the entrance gate.
4. Decorate main entrance gate more than the safety gate.
5. Color-combinations & decoration used here should be as per the direction of the gate. Depending upon the direction:

##### Shape of door:

East: Semi-circular.

West: Rectangular

North: Round/Circular

South: Triangular

##### ii. Color of door:

East, North & North-East: Marble

South & South-West: Yellow, Jaisalmeer

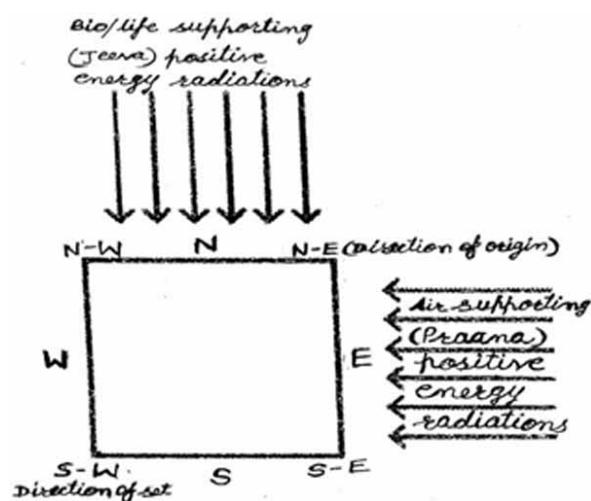
West & North-West: Blue, Silver color.

6. Put traditional symbols of omen on the outer side of the entrance gate such as a "Swastika or a Conch." These will bring peace, pleasantness & will be harbinger of beneficence.
7. The purpose of this is to attract & channelize the positive energy radiations inside the house and living space.

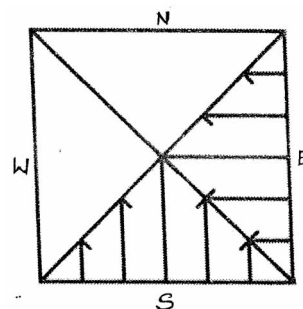
The interior decoration whether done individually or with the help of an expert, keep following in mind:

- If the doors, window panels, shutters etc. are producing unwanted disturbing/irritating sound, it will produce negative energy radiations. Hence the fault should be corrected immediately.
- Same is true of tap water leakage and hence should be addressed immediately.
- Before going out for an important work, one should personally clean the entrance gate. This ensures success in the work undertaken.
- Clean environment is nothing but Lakshmi/wealth. Lakshmi cannot reside in an unclean environment. Cleanliness brings in positive energy, where as any kind of dumping material present inside the home environment will obstruct the positive energy flows & will create negative energy. So throw the dumped material out of the house and clean the environment.

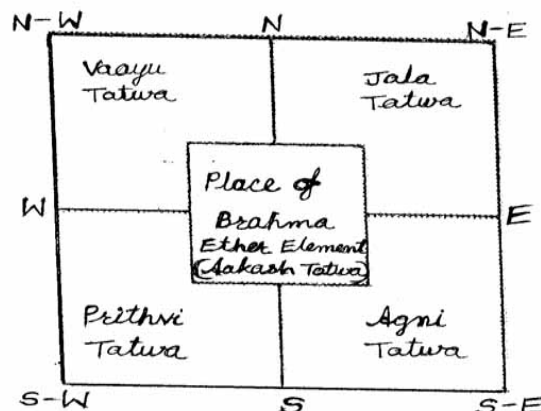
Finally all the decoration done with the help of different tools is to raise the positive energy levels within the living space, that is home. But the home is complete, full of joy & energy only because of the people residing in that house. They share the thick & thin of joy as well as hardships and in the process experience the emotional bond of togetherness.



**Figure 1:** Denoting Two major energy sources of Vaastu Shastra



**Figure 2:** Radiation flows of which ever direction will get maximum space will become stronger to that extent.



**Figure 3:** Five Elements(Pancha Bhootas) in relation to Eight Directions (Ashtadishas)

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